**LOG BOOK**

#### RESIDENT TRAINING PROGRAMME

### DEPARTMENT OF OBSTETRICS & GYNAECOLOGY

**SHRI GURU RAM RAI INSTITUTE OF MEDICAL AND HEALTH SCIENCES**

**PATEL NAGAR, DEHRADUN**

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**C.V. of the Resident**

**NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**Qualification Year College University**

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**DATE OF JOINING (Obst & Gynae) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**TITLE OF THESIS: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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# THESIS: Date of start.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date of submission\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# NAME OF THE

**SUPERVISOR: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**CO- SUPERVISOR: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**CO- SUPERVISOR: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**CO- SUPERVISOR: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Signature of the Candidate**

Signature

HOD

Dept. of Obst & Gynae

DEPARTMENT OF OBSTETRICS & GYNAECOLOGY

INTRODUCTION

* I congratulate you to have joined this most demanding yet rewarding and fascinating clinical branch where hard work, dedication & sincerity are basic qualifications. Best results are achieved when these are combined with sound knowledge, immediate attention and quick response and truthfulness to your patients and yourself.
* In Obstetrics even few minutes make all the difference. Do not forget that you are entrusted with two lives simultaneously and happiness of many families depends on your work.
* Male PGs should remember not to examine any female patient of any age group without a female attendant constantly present.
* You must know when to call your seniors, call them without any hesitation for any case at any time.

Log book:

During your training you should maintain this Log-Book giving details of work done during your posting done in OPDs, wards, Labour room, OTs, Emergency duties, Labour wards, visits to rural centers and academic activities like case presentation, seminars, journal club, CMEs, Group discussion and case report and paper presented and published and conferences attended.

Purpose of Log Book

1. Regular maintenance of record is not only mandatory but help you to learn and correct yourself.
2. Enables the consultants to have first hand knowledge and information about the work done and to guide and correct whenever necessary.
3. Useful to assess the clinical and surgical experience gained periodically.

The entries should be made on “day to day basis” and should be signed by the consultant every month and periodically by HOD

The Log Book should finally be signed by Unit In charge & Head of Department.

During the Viva-Voce candidate may be asked the questions based on the cases or procedures done and entered in the Log Book.

How to use Log Book: -

The entries should be made on “day to day basis”.

If performed personally, it should be noted by - “P”, if performed under supervision and assistance – “PA”, if assisted then write - “A” and observation by “O”.

Emergency operation should be denoted with “E”.

Any major complication / Death should be entered in the outcome column along with the reason.

I wish you very fruitful and informative residency tenure.

Prof & HOD

Obstetrics & Gynecology

Instructions for the Residents

Ist Year Resident: -

* History taking : Obstetrics / Gynecology / Valid Informed Consent
* Examination: General / Systemic / Per Abdomen / Per Speculum / Per Vaginum / Per Rectal / Antenatal Examination / Assessment of Maternal pelvis & Fetal skull.

# Case Sheet writing / Preparation of Discharges / Death Summaries

# Procedures to be observed:

# BLS / ACLS

Part preparation

Enema

Instillation of Prostaglandin E2 Gel

Intracervical foley’s catheter insertion

Mechanism of:

Normal labour

Abnormal Labour – Breech, Occipito posterior

Active management of third stage of labour

Manual removal of placenta

Ventouse delivery

Forceps Delivery

Breech Delivery

Twin Delivery

MTP – Ist trimester & IInd Trimester

Intra Uterine Insemination

Colposcopy

Cryocauterization

# 2. Procedures to be performed:

BLS / ACLS

Pap’s Smear

Colposcopy

Hysterosalpingography

Dilatation & Curettage

Menstrual Regulation

MTP – Ist trimester

Manual Vaccum Aspiration

Suction evacuation

Endometrial Biopsy

Cervical Biopsy

Polypectomy

Fractional Curettage

Hydro- Tubation

Artificial Rupture of membrane

Catheterization

Monitoring: - Ist stage of Labour – Doppler FHS Monitoring Partogram, Non -

stress test

IInd stage of Labour – including episiotomy

IIIrd stage of Labour

Normal Delivery and episiotomy

Oro nasal suctioning of new born

Neonatal Resuscitation

Episiotomy care

Post - Natal care

Examination of a newborn

Assistance in breast-feeding

Counselling for family planning

Examination of a case of prolapse

Dressing

Stitch Removal

Removal of drain

Removal of cathetar

Removal of Vaginal pack

Sample collection: Blood, Urine, Slide preparation, buccal smear, high vaginal swab.

Venesection

FNAC

Post-Coital Test (PCT)

Three swab Test

Familiarization of - Obst & Gynae Instruments

* Drugs used in Gynae & Obst
* Instruments used in Gynae & Obst
* Techniques of surgical scrubbing
* Techniques of washing of hands
* Techniques of putting on gloves
* Techniques of sterilization
* Maintenance of Labour room
* OT etiquettes
* Shifting of patient before & after surgery
* Pre operative preparation
* Post OP care
* Techniques of mounting of specimens

Undergraduates Clinical teaching: - Antenatal, Postnatal Examination

Patient counseling: - Family Welfare techniques

* Family planning procedures
* Barrier methods of contraception
* Oral contraceptives
* IUCD insertion / removal
* Emergency contraception

Any other surgery

#### Ist year contd….

#### Surgeries to be observed / assisted

Cervical Encirclage

Manual removal of placenta

Ammniocentesis

Perineal tear repair

Caesarean Section

Caesarean Hysterectomy

Tubal Ligation

Hysterotomy

Bartholin Cyst Removal

Vulval Haematoma

Abdominal Hysterectomy

Wertheim’s Hysterctomy

Vaginal Hyseterctomy

Cystocele repair

Perineorrhaphy

Vaginoplasty

Burst abdomen repair

Diagnostic Laparascopy with chromopertubation

Laparascopic Cystectomy

Hysteroscopy

Re-suturing

Laprotomy

Minilaprotomy

Colpotomy

Myomectomy

VVF repair

RVF Repair

Tuboplasty

Pyometra drainage

Post coital tear repair

Haematoma Drainage

Laparoscopic ligation

Any other surgery

1. **Procedures / Surgeries to be performed**

Foley’s Catheterization

Artificial Rupture of membrane

PAP Smear

Colposcopy

Hysterosalpingography

Dilatation and Curettage

Menstrual Regulation

MTP – Ist trimester

MVA

Suction evacuation

Cervical Biopsy

Fractional Curettage

Hydro- tubation

**5. Presentations:**

1. To attend all the U.G. Theory lectures
2. To attend the core subject lectures as per Common Postgraduate Training and

Teaching Program. The topics covered should be entered in the logbook.

1. Learn use of computer applications for presentations and maintenance of the

Records.

IInd Year Resident

# Procedure / Surgery to be observed / Assisted: -

Normal Delivery

Ventouse delivery

Forceps Delivery

Breech Delivery

Twin Delivery

Manual removal of placenta

Suction evacuation

MTP – Ist trimester & IInd Trimester

MVA

Caesarean Section

Diagnostic Laparoscopy

Dilatation & Curettage

Polypectomy

Cervical Biopsy

Cryocauterization

Abdominal hysterectomy

Myomectomy

Hysteroscopy

Laparotomy

Vaginal Hysterectomy With AP repair

Wertheim’s Hysterectomy

Vaginoplasty

Any other surgery

1. **Procedures to be performed**

Non-Stress Test

To conduct normal deliveries, episiotomy

To conduct abnormal deliveries under supervision

To conduct forceps & ventouse deliveries under supervision

MRP

Repair of perineal tears

Caesarean Section

Minilap – Tubal ligation

Laparotomy

MR, MTPs, MVA.

Pap smear

Catheterization

Colposcopy

IUCD insertion / removal

Dressing

*Stitch Removal*

Re-suturing

Hydrotubation

Hysterosalpigography

Intra uterine insemination

Post coital Test

Polypectomy

Fractional Curettage

Any other surgery

**3. Presentations:**

1. Case Presentations
2. Seminar- Clinical & Surgical Importance
3. Journal Club- Clinical & Surgical Importance
4. Interdepartmental meetings
5. Medical Audit

**4.** To learn applicable procedures during Surgery & Pediatrics Postings.

IIIrd Year Resident

# 1. Procedure / Surgery to be performed: (Under supervision)

Normal delivery

Ventouse delivery

Forceps Delivery

Breech Delivery

Twin Delivery

Manual removal of placenta

Suction evacuation

MTP – Ist trimester & IInd Trimester

MVA

Minilap – Tubal Ligation

Caesarean Section

Laparotomy for acute or chronic ectopic pregnancy

Abdominal hysterectomy

Myomectomy

Staging Laprotomy for ovarian Tumor

Vaginal Hysterectomy with AP repair

Diagnostic Laparoscopy

Hysteroscopy

Laparoscopic Tubal ligation

Dilatation & Curettage

Polypectomy

Cervical Biopsy

Cryocauterization.

### Any other surgery

# 2. Surgeries to be assisted:

Werthiem’s Hysterectomy

Vaginoplasty

Any other surgery

**3. Presentations:**

1. Seminars
2. Case Presentations
3. Journal Club
4. On Recent advances in Obst & Gynae
5. Undergraduate teaching

### LECTURES/ SEMINARS ATTENDED/ PRESENTED ON THE CORE SUBJECTS DURING IST YEAR RESIDENCY

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| **Date** | Lectures/Seminars | **Attended** | **Presented** | **Name of Faculty** | **Signature of Faculty** |
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### Signature of the HOD / Unit Head

### LECTURES/ SEMINARS ATTENDED/ PRESENTED ON THE CORE SUBJECTS DURING IIND YEAR RESIDENCY

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| **Date** | Lectures/Seminars | **Attended** | **Presented** | **Name of Faculty** | **Signature of Faculty** |
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### Signature of the HOD / Unit Head

### LECTURES/ SEMINARS ATTENDED/ PRESENTED ON THE CORE SUBJECTS DURING IIIRD YEAR RESIDENCY

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| **Date** | Lectures / Seminars | **Attended** | **Presented** | **Name of Faculty** | **Signature of Faculty** |
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### Signature of the HOD / Unit Head

### management of normal labour

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| **Sr. No.** | **Date** | **ID No.** | **Name** | **Age** | **Diagnosis** | **Outcome** | **P/PA**  **/A/O** | **Remarks** |
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### Signature of the HOD / Unit Head

### management of normal labour

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| **Sr. No.** | **Date** | **ID No.** | **Name** | **Age** | **Diagnosis** | **Outcome** | **P/PA/A/O** | **Remarks** |
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Signature of the HOD / Unit Head

### management of normal labour

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### Signature of the HOD / Unit Head

### management of normal labour

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### Signature of the HOD / Unit Head

### management of normal labour

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Signature of the HOD / Unit Head

### mANAGEMENT of complicated labour

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| **Sr. No.** | **Date** | **ID No.** | **Name** | **Age** | **Diagnosis** | **Procedure** | **Outcome** | **P/PA/A/O** | **Remarks** |
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Signature of the HOD / Unit Head

**MANAGEMENT OF COMPLICATED LABOUR**

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Signature of the HOD / Unit Head

**MANAGEMENT OF COMPLICATED LABOUR**

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Signature of the HOD / Unit Head

**MANAGEMENT OF COMPLICATED LABOUR**

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Signature of the HOD / Unit Head

**MANAGEMENT OF COMPLICATED LABOUR**

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| **Sr. No.** | **Date** | **ID No.** | **Name** | **Age** | **Diagnosis** | **Procedure** | **Outcome** | **P/PA/A/O** | **Remarks** |
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Signature of the HOD / Unit Head

### procedure record Sheet for IST YEAR

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| **Sr. No.** | **Date** | **ID No.** | **Name** | **Age** | **Diagnosis** | **Procedure** | **P/PA/A/O** | **Remarks** |
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Signature of the HOD / Unit Head

### Surgical Record Sheet for Ist year

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Sr. No.** | **Date** | **ID No.** | **Name** | **Age** | **Diagnosis** | **Procedure** | **P/PA/A/O** | **Remarks** |
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Signature of the HOD / Unit Head

**Consolidated Sheet of procedures done in Ist year**

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| --- | --- | --- | --- | --- | --- |
| **S No.** | Procedures | **Performed** | **Assisted** | **Observed** | **Total** |
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# Signature of the HOD / Unit Head

### Consolidated Sheet of surgery done in Ist year

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| **S No.** | Surgery | **Performed** | **Assisted** | **Observed** | **Total** |
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### Signature of the HOD / Unit Head

### procedure record Sheet for IINd year

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| **Sr. No.** | **Date** | **ID No.** | **Name** | **Age** | **Diagnosis** | **Procedure** | **P/PA/A/O** | **Remarks** |
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Signature of the HOD / Unit Head

### Surgical Record Sheet for IIND year

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| **Sr. No.** | **Date** | **ID No.** | **Name** | **Age** | **Diagnosis** | **Procedure** | **P/PA/A/O** | **Remarks** |
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Signature of the HOD / Unit Head

### Consolidated Sheet of procedures done in 2nd year

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| **S No.** | Procedures | **Performed** | **Assisted** | **Observed** | **Total** |
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Signature of the HOD / Unit Head

### Consolidated Sheet of surgery done in 2nd year

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| --- | --- | --- | --- | --- | --- |
| **S No.** | Surgery | **Performed** | **Assisted** | **Observed** | **Total** |
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Signature of the HOD / Unit Head

### procedure record Sheet for IIIrd year

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Sr. No.** | **Date** | **ID No.** | **Name** | **Age** | **Diagnosis** | **Procedure** | **P/PA/A/O** | **Remarks** |
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### Signature of the HOD / Unit Head

### Surgical Record Sheet for IIIRD year

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| **Sr. No.** | **Date** | **ID No.** | **Name** | **Age** | **Diagnosis** | **Procedure** | **P/PA/A/O** | **Remarks** |
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### Signature of the HOD / Unit Head

### Consolidated Sheet of procedures done in 3rd year

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| **S No.** | Procedures | **Performed** | **Assisted** | **Observed** | **Total** |
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Signature of the HOD / Unit Head

### Consolidated Sheet of surgery done in 3rd year

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| **S No.** | Surgery | **Performed** | **Assisted** | **Observed** | **Total** |
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# Signature of the HOD / Unit Head

# Record of Gynaecological operations

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| **Sr. No.** | **Date** | **ID No.** | **Name** | **Age** | **Diagnosis / Indication** | **Procedure** | **P/PA/A** | **Remarks** |
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# Signature of the HOD / Unit Head

# Record of Special Investigations

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| **Sr. No.** | **Date** | **ID No.** | **Name** | **Age** | **Diagnosis / Indication** | **Procedure** | **P/PA/A** | **Remarks** |
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Signature of the HOD / Unit Head

# RECORD OF WORK DONE

# DURING PERIPHERAL POSTINGS &

# POSTINGS TO OTHER DEPARTMENTS

(ONE SHEET FOR EACH POSTING)

**Department---------------------------------------------**

# Period of Posting---------------------------------------

|  |  |  |  |  |  |  |  |  |
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| **Sr. No.** | **Date** | **ID No.** | **Name** | **Age** | **Diagnosis / Indication** | **Procedure** | **P/PA/A** | **Remarks** |
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Signature of the HOD / Unit Head

# TEACHING EXPERIENCE

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| **Date** | **Teaching (Batch)** | **Subject / Topic** | **Clinic/Demo/Evening Clinic/Others** | **Remarks** |
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# Signature of the HOD / Unit Head

# CLINICAL CASES ATTENDED(A) / PRESENTED(P)

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| Sr. No. | ID No. | Name | Age | Diagnosis | A/ P | Moderator | Signature |
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# Signature of the HOD / Unit Head

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# PERIODIC ASSESSMENT BY THE H.O.D. / UNIT HEAD FOR 1ST YEAR

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **S.No** | **Attributes** | Duration | | | |
| **Ist Posting** | **2nd Posting** | **3rd Posting** | **4th Posting** |
| 1 | Punctuality & discipline |  |  |  |  |
| 2 | Confidence |  |  |  |  |
| 3 | Behavior with patients |  |  |  |  |
| 4 | Bed Side manners |  |  |  |  |
| 5 | Behavior with paramedics and colleagues |  |  |  |  |
| 6 | Keeness and desire to learn |  |  |  |  |
| 7 | Knowledge of theory |  |  |  |  |
| 8 | Patient management Skill |  |  |  |  |
| 9 | Patient care |  |  |  |  |
| 10 | Participation in UG teaching |  |  |  |  |
| 11 | Semester: Theory Practical |  |  |  |  |
| 12 | Logbook assessment |  |  |  |  |
|  | Signature of Unit Head |  |  |  |  |

Signature of the HOD / Unit Head

**PERIODIC ASSESSMENT BY THE** **H.O.D. /** **UNIT HEAD FOR 2nd YEAR**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **S.No** | **Attributes** | Duration | | | |
| **Ist Posting** | **2nd Posting** | **3rd Posting** | **4th Posting** |
| 1 | Punctuality & discipline |  |  |  |  |
| 2 | Confidence |  |  |  |  |
| 3 | Behavior with patients |  |  |  |  |
| 4 | Bed Side manners |  |  |  |  |
| 5 | Behavior with paramedics and colleagues |  |  |  |  |
| 6 | Keeness and desire to learn |  |  |  |  |
| 7 | Knowledge of theory |  |  |  |  |
| 8 | Patient management Skill |  |  |  |  |
| 9 | Patient care |  |  |  |  |
| 10 | Participation in UG teaching |  |  |  |  |
| 11 | Semester: Theory Practical |  |  |  |  |
| 12 | Logbook assessment |  |  |  |  |
|  | Signature of Unit Head |  |  |  |  |

Signature of the HOD / Unit Head

### PERIODIC ASSESSMENT BY THE H.O.D. / UNIT HEAD FOR 3rd YEAR

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **S.No** | **Attributes** | Duration | | | |
| **Ist Posting** | **2nd Posting** | **3rd Posting** | **4th Posting** |
| 1 | Punctuality & discipline |  |  |  |  |
| 2 | Confidence |  |  |  |  |
| 3 | Behavior with patients |  |  |  |  |
| 4 | Bed Side manners |  |  |  |  |
| 5 | Behavior with paramedics and colleagues |  |  |  |  |
| 6 | Keenness and desire to learn |  |  |  |  |
| 7 | Knowledge of theory |  |  |  |  |
| 8 | Patient management Skill |  |  |  |  |
| 9 | Patient care |  |  |  |  |
| 10 | Participation in UG teaching |  |  |  |  |
| 11 | Semester: Theory Practical |  | |  | |
| 12 | Logbook assessment |  | |  | |
|  | Signature of Unit Head |  | |  | |

Signature of the HOD

# PG Academic record

# Symposia / CPC / Interdepartmental meeting / Journal Club

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Date** | **Topic** | | **Topic Details** |  | |
|  | **Presented** | **Participated** | **Moderator** | **Sign.** |
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##### Periodic thesis review

**(Quarterly)**

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| --- | --- | --- | --- |
| date | **key Aspects reviewed** | **signature of supervisor** | **signature of co-Supervisor** |
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**publication and papers presented**

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| **s. no.** | **title of paper presented/published** | name of journal/conference |
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###### Signature of the candidate

##### *Certificate*

This is to certify that this record is bonafide, periodically assessed and true record

of work undertaken by………………………………………………….. during the

period of……………………..…… to ……….………………… while pursuing the

study leading to the award of***Degree of Master of Surgery in Obstetrics & Gynaecology.***

**Place: ………………………….**

**Date: ……………………………..**

**Signature**

**Professor-Head**

**Dept of Obs & Gynae**

**SGRRIM&HS**

**Dehradun**